

Raja Rogers Meeting Notes
January 30, 2007

Raja Rogers	Vaidya may be available for our area. Lexington?
Jeff Murphy	Yes, but need to accommodate him around the Raos' housing.
Jane B	Vero Beach would have 10 people. Helen has an old CD's on cardiovascular health and TM. Still current? Dr. Chris Clark could give a public lecture to stir up interest.
Jeff Murphy	That is the one for CME credits for doctors so only pertinent to doctors.
Stuart	Probably doesn't have last year's study – the longevity study from May nor the Jan 06 study from Amer Journal on Hypertension nor the AMA study from this year.
Jane B	All right to give out CD along with the three articles?
Stuart	Yes, good for doctors. I have pdf files of all three articles. June 06 – Archives of Internal Medicine (AMA study). May 05 – Amer Journal of Card longevity study. Jan 05- Amer Journal of Hypertension.
Jane B	Is it okay to especially invite doctors? Not to encourage now?
Raja Rogers	That's right. Say more about what you would do. Hold off on that and let me do some checking with International re: doctors. Maharishi doesn't want to give the authority to allopathic medicine. Of course, if we need it, we use it, but judiciously. Maharishi has pointed out that medicine can kill people literally They are currently working on setting up MAV clinics in Europe. So far no mention of bringing in allopathic doctors. Tendency is Vedic approach. We are our own authority in that. Dr. Stuart and Dr. Chris are experts in pulse. There has been some melting of the ice in the direction of having doctors participate more, so to say.
Jeff Murphy	Vaidya does not need to have a western MD with them?
Stuart	Depends on how they define the "practice of medicine." The lawyers need to express an opinion on this.
Elaine	Last year, when we were considering a Vaidya tour for our domain, checked with MVED. They did not require an MD in the consults. Let me know if interested in a vaidya tour.
Alcine	We would like to invite the Vaidya to stay with us in Gainesville as a home base while in FL. Phone consultation?
Raja Rogers	Yes, we can do that from the Raj. Guideline for Vaidyas on tour – we don't diagnose and don't prescribe. We have to go over that with the Vaidya and train him. We offer traditional "AV health assessment." They just say – this dosha is in or out of balance. Use a form where the patient tells us the conditions that they are perceiving. That way we can talk about their condition, but we are not diagnosing because they already told us about it. More like health coaching. When it comes to diagnosing, vaidya can just suggest changes in lifestyle to help their digestion or whatever they have. Vaidya can have the MAPI catalog there and can point to something for a condition that they told us

	<p>they had. Disclaimer on bottles protects us. If Vaidya thinks something stronger is needed, then they can say there's this other herb combo called MA, and you can choose. If vaidya gives them the choice, he is not really prescribing. That's the way we have had to handle it when there is not a doctor there.</p> <p>This is the general guideline. Always good to double and triple check with lawyers to see if there is something that has come up. Stuart or Chris could be there.</p>
Alcine	What about drs who are interested but had AV training in the past from the movement? Can they sit in? And then the doctor and Vaidya talk in another room and the doctor comes back and gives the instructions.
Raja Rogers	Yes, that would be okay.
Alcine	We have another dr that had training in AV from another system and one that has no AV training.
Raja Rogers	The dr would need to be someone we know and need to be at least a strong meditator. So you are all set.
Jane B	If someone who is more involved in the movement has a medical problem, where is best to go where they can have a medical prescription?
Raja Rogers	Let's address that when it arises. We have Vaidya Manohar here. He works with Dr. Robert Schneider. Call me if that comes up.
Jane B	Movement people may be disappointed that Vaidya does not diagnose.
Raja Rogers	<p>For everyone like that, you could have Dr. Clark there in Vero and he could give the info needed.</p> <p>How are initiations? Has anyone been called by the national Call Center?</p>
Jane b	Yes, we had two calls. It works beautifully.
Raja Rogers	It's only for the 888-Learn-TM number.
Stuart	We had 3 people referred to us from call center. One came to intro last night and is scheduled to learn using CitiAssist. One we haven't been able to reach. The other – course fee was a deterrent.
Alcine	We had one in Gainesville – very interested.
Jeff Moses	We've had a steady stream from New Orleans, Baton Rouge, Mobile. Call Center coordinators are excellent. We get back to them right away, or at latest within 24 hrs. 2 have started because of Call Center.
Raja Rogers	Stuart brought up a very good point. We don't want to forget about the CitiAssist loan program. Jeff and Ruth, how is your situation?
Ruth Moses	Not stable yet, will have to go back in March to CT.
Jane B	There is a lady who is very interested in the school project in New Orleans.
Ruth	New Orleans and Baton Rouge are ripe and ready to learn. Someone younger – would be good for them to commit to a year there – or a new recert.
Raja Rogers	We have two areas that need full-time teachers – LA is one and Atlanta is another. Dori and Steve are moving to FF for a year. They have been teaching in Atlanta a long time. If anyone has any ideas of people, please let me know.
Jane B	Would Ruth or Sylvia be able to teach the lady in New Orleans interested

	in school program?
Ruth	Sylvia will be back only for a week in March. Her dad needs her in FF. Today, Jeff got a call from a guy living in a FEMA trailer who wants to learn. So if we get 3-4 people interested, we can go there. Last time teaching in Baton Rouge we spent \$700-800 for gas and hotel and meals. So we will see if we can get more interested and then we will go.
Raja Rogers	Yes, everyone should remain rested. Maharishi has talked about good food, good rest and good program recently - on Jan 25, strong lecture. Initiation is important too as we get a good cosmic boost. When we are rested, we then go out and spend the energy judiciously. It's like the seasons. We let nature organize.
Jeff Moses	Between Atlanta and Baton Rouge, Atlanta seems like the priority. If the movement would organize for something in New Orleans, there would be a tremendous response because of the need there.
Raja Rogers	Yes, an ongoing issue is finances because so many things are being done now in the movement. However, we also need teachers. I encourage people to come to FF to recharge their batteries, like the ATR courses. However, the work in the field is very important. To achieve the goal of Inv America, we need to start people to meditate and bring them along to be Sidhas. We all have a different dharma. If I didn't have the responsibilities now, I would love to be out teaching. Teaching is wonderful, but need to be fully rested.
Alcine	A psychologist called to say they were playing some of our programs on the university station. Do we have tapes or programs that we could offer them to play?
Raja Rogers	Yes, once you are clear about what they are playing, I can look into it.
Elaine	Dr. Rao and Lakshmi are back in Lexington. If you are interested in a tour, please notify me. A Center needs to have 5-6 for a CIC or 6 AT's for them to travel there. While at a Center, they will be happy to do MVVT.
Raja Rogers	Jai Guru Dev